

# daily REFLECTION

DATE \_\_\_\_\_

TODAY IN ONE WORD

TODAY'S RATING



TODAY'S WINS

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

WHAT WENT WELL?

WHAT WENT POORLY?

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

WHAT CAN I DO BETTER TOMORROW?

- \_\_\_\_\_
- \_\_\_\_\_

TOMORROW'S THREE PRIORITIES

- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_