

# DECLUTTER HOUSEHOLD

## KEEP IT OR LET IT GO? A NO-STRESS PURGING GUIDE

**START**

Is it broken, damaged or no longer functional?

YES

NO

Have you used it in the past 6 months?

YES

NO

Do you have another item that serves the same purpose?

YES

NO

Is it essential for daily life or a specific occasion?

YES

NO

Would you buy it again today if you didn't already have it?

YES

NO

Do you have enough space to keep it?

YES

NO

Is it sentimental or meaningful (family heirloom, special memory, etc.)?

YES

NO

**KEEP IT**

**TRASH, DONATE OR SELL**